



## EPA TELEMENTAL HEALTH SECTION REPORT 2019

### SECTION COMMITTEE MEMBERS:

Chairperson: Prof. Dr. Umberto VOLPE

Co-chairperson: Dr. Jan WISE

Secretary: Dr. Victor BUWALDA

Councillor: Dr. Herbert SCHWAGER

Councillor: Audrey FONTAINE

### LAST SECTION COMMITTEE ELECTIONS HELD:

Date: 07/04/2019

Venue: Warsaw, Poland

### ACTIVITIES OF THE SECTION IN 2019:

#### Meetings/events

##### Section Business Meeting

##### Description:

- During the last Section business meeting held at the 27th European Congress of Psychiatry in Warsaw on April 7 2019, a new board was elected: Umberto Volpe (Chair), Jan Wise (Co-chair), Victor Buwalda (Secretary), Herbert Schwager, Audrey Fontaine (Counsellors). Defne Eraslan was accepted as a new Section member. Greg Lydall informed the Board that he meant to resign from his position of counsellor, which will become available in the next Section business meeting.
- During the same meeting, the Section unanimously approved the decision to leave a permanent counsellor post available for a young psychiatrist designated by EPA Early Career Psychiatrists Committee. Contacts with the EPA ECPC Chair have been established.

**Venue:** Warsaw

**Date:** 07/04/2019

**Attendance:** 15



### **Presentations at non-section events**

#### **Disruptive Psychiatry: Innovation, Administration and Leadership**

**Setting:**

American Psychiatric Association, 172nd annual meeting, held in San Francisco (USA), on May 18-22, 2019

**Presenter:** Victor Buwalda

**Acknowledged as official Section presentation?** No

#### **Treatment of Iatrogenic Opioid Dependence using Buprenorphine in Patients with Chronic Pain: A Tele-behavioral Medicine Protocol.**

**Setting:**

WPA Congress, in Lisbon (Portugal), August 21-24, 2019

**Presenter:** Herbert Schwager

**Acknowledged as official Section presentation?** No

### **CALENDAR OF ACTIVITIES FOR FUTURE YEARS:**

#### **Future Activities**

- The section will stimulate education and debate on the use of digital health technology in mental health within the next European Congress of Psychiatry. A joint section Symposium on “E-Mental Health Across the Lifespan” will be presented at the 2020 Madrid EPA Congress. The issue of organizing a “meet the expert” session, specifically focused on e-mental health and on telemental health, will be discussed with relevant EPA officers.
- Section officers aim to stimulate and coordinate scientific and educational activities in collaboration with the EPA TFEMH, the EPA Education Committee and the EPA ECPC. A specific aim of the Section will be to encourage ECP to join the section and become active members/officers. Section Chair (UV) will officially contact EPA ECPC Chair, in order to arrange the introduction of a permanent position for an early career psychiatrist, nominated by ECPC, within the Section Board.
- Section officers aim to pursue the goals and the mission of the Task Force on E-Mental Health (TFEMH), chaired by EPA Past President (Prof. S. Galderisi); in particular, Section officers will offer their collaboration and technical advice in preparing guidance and/or position papers on e-MH applications and research; in particular, the Section officers (UV, IMW, VB) will collaborate to help to produce a position paper on the use of “apps” in mental health settings.



- Section officers aim also to foster the collaboration with the WPA Section on Informatics and Telecommunications in Psychiatry (Chair: Prof. M. Krausz) and possibly organize joint Symposia, both at WPA and EPA upcoming congresses.
- Section Chair (UV) has been invited as chair and speaker of the symposium entitled “E-mental health: current impact in clinical psychiatry” and to organize an educational course on the use of telemental health technologies, to be held at the 2020 National Romanian Psychiatric Congress.
- The Section Secretary (VB) will organize the “Digital Health Summit” in Amsterdam (October 2020), in collaboration with the American Association for Technology in Psychiatry (AATP) and the American Association of Psychiatric Administration and Leadership (AAPAL) from the American Psychiatric Association (APA), the Section of Informatics and Telecommunications of the World Psychiatric Association (WPA), and The Netherlands Psychiatric Association (NPA).
- Section Chair (UV) has been invited as chair and speaker of the symposium entitled “E-mental health: current impact in clinical psychiatry” and to organize an educational course on the use of telemental health technologies, to be held at the 2020 National Romanian Psychiatric Congress, in Iasi (Romania).

## **FUNDING IN 2019**

Income: None

Source(s) of funding: No funding received

Expenditure: None

Balance: None

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: No